## ST COLUMBAS ELWOOD TUCKSHOP MENU 2023

Snacks	Price
Seasonal Fresh Fruit Cup	\$4.00
Piece of Fresh Fruit Apple, Banana Oranges	\$2.00
Muesli and Yoghurt Tub with Berries	\$4.50
Slice of Banana Bread	\$3.50
Free Range Hard Boiled Egg	\$2.00
Carrot and Cucumber Sticks	\$2.50
With Hummus	\$3.00
Tub of Vanilla Yoghurt	\$2.50
Cheese and Biscuits	\$2.50
Homemade Gingerbread Man	\$3.75
Honey Joy	\$2.00
Slice of Iced Orange Cake	\$3.50
Slice of Iced Chocolate Cake	\$3.50
Freshly Baked Choc Chip Muffin	\$3.50
Freshly Baked Blueberry Muffin	\$3.50
Power Pack: Salsa Dip, Hummus Dip, Carrot sticks, Cucumber Sticks, Corn Chips, Hard Boiled Egg	\$6.00
Plain Pikelet(2x per serve) Pikelet with Jam, Honey, Sugar or Butter (2 x per serve)	\$2.50
Homemade Choc Slice	\$4.00
Gluten Free Treats Chocolate Brownie Berry Muffin	\$4.50
Sandwiches Wraps and Rolls	
Sandwiches, Wraps and Rolls Choose from any of the fillings: Crumbed Chicken, Ham, Tuna, Salami, Cheese, Tomato, Lettuce, Carrot, Cucumber Vegemite, Jam and Honey. Free Condiments: Mayonnaise, Tomato sauce, Mustard, Butter	From \$3.50
Homemade Crunchy Chicken Wrap with Lettuce and Mayo or Sweet Chilli Sauce	\$7.00
Homemade Falafel wrap with Hummus, lettuce, Tomato and Cucumber	\$7.00
Chicken Caesar Salad	\$8.00

Hot Food	Price
Large Sausage Roll	\$4.00
Large Meat Pie	\$5.00
Party Meat Pie	\$2.00
Meat and Vegetable Pastie	\$5.00
Quiche Lorraine	\$5.00
Baked Potato: Cheese, Sour cream, Salsa and Chives	\$6.00
Toasted Cheese Sandwich	\$3.00
Toasted Cheese and Tomato Sandwich	\$3.50
Toasted Ham, Cheese and Tomato Sandwich	\$4.00
Toasted Cheese and Ham Sandwich	\$3.50
Pasta with Home Made Bolognaise	\$6.50
Pasta with Napoli Sauce	\$5.00
Pasta with Cheese	\$5.00
Homemade Egg and Bacon Pie	\$4.00
Freshly Made Sushi Rolls	
<ul> <li>Chicken Teriyaki</li> <li>Cooked Tuna</li> <li>Avocado and Cucumber</li> <li>Raw Salmon and Avocado</li> <li>Vegetarian</li> </ul>	\$3.80



Food Drop off Service Every Friday Ordering online thru www.spriggy.com.au

For help and enquiries contact Liz: mobile 0418 577 120